

Relationship Between Will To Win & Sports Competitive Anxiety of Inter University Cricket Players



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ABSTRACT

The purpose of the study was to find out the relationship between Will to Win and sports competitive anxiety of Inter University Cricket Players of S.G.B. Amravati university. The data on Will to Win was obtained by administering the Will to Win questionnaire constructed by Dr. Anand Kumar and P.S. Shukla and Sports Competitive Anxiety was obtained by SCAT by R. Marten. The statistical technique Pearson's Product Method of correlation was used. It was concluded that the calculated value of co-efficient of correlation is 0.283, which is greater than the tabulated value r is 0.252 at 0.05 level of confidence for 58 degree of freedom. It might be said that there is significance difference of relationship between will to win and sports competitive anxiety of Inter University Cricket players.

Introduction:

Will to win is defined as the extent to which a person desires to reach some standard of excellence or defeat of opponent. The will to win is worthless if you don't have the will to prepare. Will or desire is an attitude that makes skillful players are in competent through will be attitude a man can win every battle. Will to win can be defined though winning edge means need to strive for excellence not perfection. Anxiety is related to emotional stability, tough mindedness, and self confidence.

The more stability, toughness and confidence a person has, the better he is equipped to handle anxiety and convert it in to something very productive. Competitive anxiety is one of the psychological parameters, which affects the performance of the player. Keeping in view the determining role of anxiety in competitive performance the researcher select above topic.

Methodology of The Study:

For the present study 30 male Inter University Cricket Players of S.G.B. Amravati University were randomly selected. The age groups of the subjects were ranged between 18 to 25 years. The data on a "Will to Win" was obtained by administering the "Will to Win questionnaire constructed by Dr. Anand Kumar and P.S. Shukla and Sports Competition anxiety was obtained by administering SCAT (Sports Competition Anxiety Test) by R. Marten.

Analysis of The Data:

To find out the relationship between "Will to Win" and sports competitive anxiety of Inter University Cricket players of S.G.B. Amravati University, Pearson Product Moment Method of Correlation was used. The relationship between "Will to Win" and sports competitive anxiety of Inter University Cricket Players

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Variables Correlated	Co-efficient of Correlation	Tabulated Value
Will to Win & Sports Competitive Anxiety	0.283*	0.252

*Significant at 0.05 level of confidence

have been presented in the Table.

Tabulated Value $0.05(58) = 0.252$

The above table shows that there is a significance difference between Will to Win and Sports competitive Anxiety of Inter University Cricket players of S.G.B. Amravati University, it was concluded that the calculated value of co-efficient of correlation is 0.283, which is greater than the tabulated value is 0.252 at 0.05 level of confidence for 58 degree of freedom.

It might be said that there is significance difference of relationship between will to win and sports competitive anxiety of Inter University Cricket Players.

Discussion of The Findings:

All our actions are manifestation of our inner experience, we don't just behave or perform; we think, we plan, we desire, we image and then we decide in our mind what action we will take. Psychic energy is the vigour, vitality and intensity with which the mind is function and is the bed rock of motivation which is a pre-requisite for strong will to perform well.

Psychic energy also is either positive or negative, and thus is associated with various emotions. Such as excitement and happiness on the positive end, and anxiety and anger on negative end. Players typically experience multiple emotions when competing. They may have high positive psychic energy arising from the challenges of the task, the joy of playing the sports, the determination to demonstrate

competence, will to win and the anticipation of extrinsic rewards.

Conclusion:

On the basis of finding the following conclusion were made.

- 1) There was highly significant relationship between “Will to Win and Sports Competitive Anxiety” of Inter University Cricket Players of S.G.B. Amravati University.

- 2) It also reveals that optimum level of arousal is helpful in the performance.

Recommendation:

- A similar study may be under taken such as National and International competition.
- A comparative study Will to Win and sports competitive anxiety of female Cricket players may be taken.
- A comparative study on Will to Win and sports competitive anxiety of individual game and team game may be considered.

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