

Discipline : its relevance

* Sonia ** Sapna



ABSTRACT

Discipline is something a person should aim to achieve. It is not a commodity one can buy from the market. It is a rare quality which one has to inculcate, nurture and cherish from early childhood. A proper and reasonable balance has to be struck between liberty and discipline. Honesty and integrity and doing a duty with devotion and dedication will bring progress and prosperity in the society and the nation. Success will be theirs for the taking who value and practice discipline and abide by it at all times.

Discipline is the bridge between goals and accomplishments." Jim Rohn

Discipline is the process of training oneself in obedience, self control, skill, etc. The controlled, ordered behavior results from such training. Discipline is the basis of the whole universe. The solar system is governed by certain laws to maintain perfect harmony and beauty. Without this order, there would be utter chaos. Discipline is a basic requirement of a civilized society. Citizens of a disciplined nation work with a spirit of cooperation and unity. Aristotle has rightly said, "Discipline is obedience to rules formed by the society for the good of all."

Discipline should be inculcated from a very young age. Talent and genius alone are not enough to achieve success. Discipline has an equally important role to play. Talents blossom in a disciplined person.

Liberty is highly cherished and much valued privilege in our society. But absolute liberty is not possible. Discipline involves a restraint on liberty, which is necessary for the interest of society. Discipline has been found necessary for both individual and social welfare. Discipline and restraint were deemed essential in pre-historic time also and as society has become more and more complex, the urgency and importance of discipline has been felt all the more.

Role of discipline

Discipline is important even in the family. Parents must raise their children in a pleasant and disciplined atmosphere. They should teach them the right values. They should themselves lead an orderly life so that their children can learn from their example. Children growing in disciplined and happy homes become responsible adults

The importance of discipline in educational institutions is well recognized. There should be a proper balance between discipline and the freedom of the students. The educational institutions should have a peaceful and calm atmosphere to enable the students

to acquire knowledge. There is growing discontentment among the students. Because of this discontentment, we notice that discipline in our schools and colleges has considerably declined. Students are disrespectful to their teachers. They misbehave in the classrooms. They organize strikes and take the law into their hands.

The strength of a nation lies in discipline. Discipline helps the nation to make progress, fight external invasions and maintain unity. The Government makes laws to maintain law and order in the country. The laws are enforced to discipline the citizens and to maintain peace and harmony in the country.

Discipline is very important in the social and political life of a nation. In many government offices, one can see that work is done in an irresponsible manner. Things will improve if the employees do their duty with dedication. This will happen if impose self-discipline.

Discipline is the product of willpower, hard work, and persistence.

People create chaos in public places by their undisciplined behavior. They show lack of order and manners while boarding buses and trains. Eve-teasing is another example of irresponsible behavior on the part of our youth. The rising crime graph in the country is due to the lack of discipline.

Importance of discipline

Without discipline there can be no scientific advances, no industrial or technological achievement, no settled system of law, no exploration and no development. Discipline is essential for personal growth and national prosperity. Absence of it can lead to failure, defeat and backwardness. Respect of parents, teachers and elders should be given importance. Honesty and integrity and doing a duty with devotion and dedication should be stressed. There should be a spirit of harmony, cooperation and mutual respect co-existent among fellow human beings. All should follow the rules and regulations laid by law. Discipline means full realization of the

sense of responsibility. This will bring progress and prosperity in the society and the nation. A proper and reasonable balance has to be struck between liberty and discipline. The restraints or discipline must course be designed for the social good and it is obvious that excessive restraints will inevitably lead to the erosion of human liberties.

Some people misunderstand the meaning of discipline. They say that discipline leads to blind submission to authority and it negates our independent freedom. This is a misconceived notion and a wrong interpretation of 'discipline'. Discipline doesn't mean slavery. A disciplined person has full freedom but the freedom of a disciplined is such, it neither disturbs the society nor interferes with other's freedom. A disciple

is one who learns and is constantly aware of his learning. For example, A trainee to a carpenter, learns from a master carpenter how to keep tools clean, how to use tools correctly. If he puts this learning into application, in this particular aspect he is disciplined. If a person is disciplined in a particular aspect, it is very easy to spread the essence of this discipline to the other areas of his life. The importance of discipline is well recognized in every aspect of life.

Nature is the best mirror of perfect discipline to all of us. The earth, the sun, the moon and other planets are governed by certain laws to maintain perfect harmony and beauty. Any deviation from these set rules, will spell an utter disaster in nature

. Assistant Professor ,Great Mission , Teacher Training Institute Dwarka (Delhi)*

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